



HOW TO FIX YOUR SLICE IN 5 DAYS

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Introduction

Welcome to "How to Fix Your Slice in 5 Days"! The most important question you probably want to know right now, is the following:

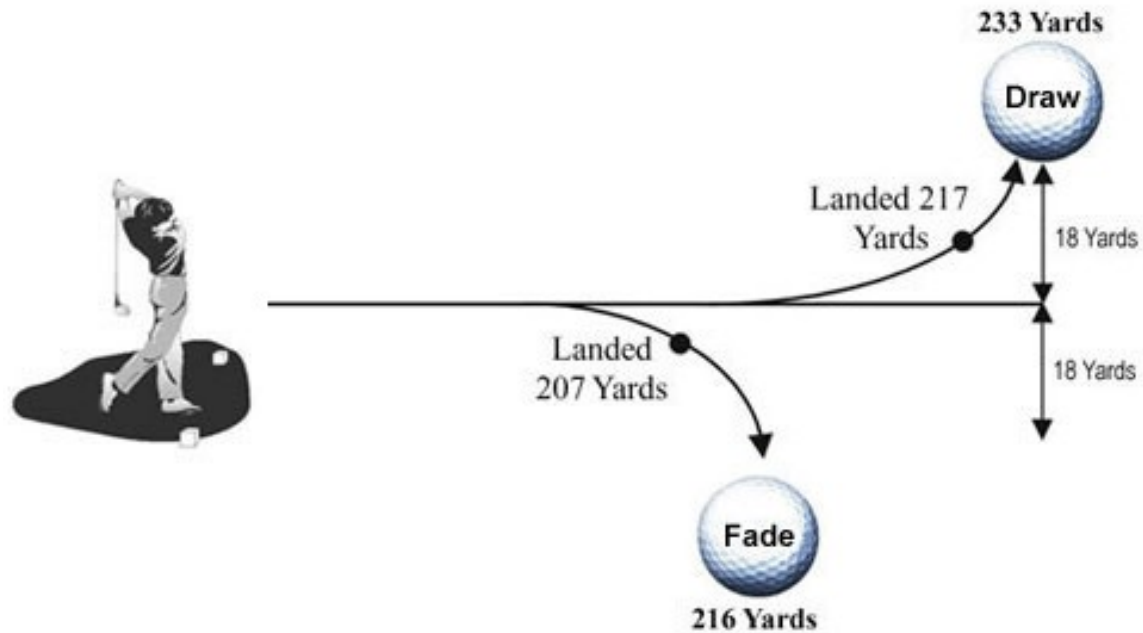
How Much Distance Will You Gain Once You've Fixed Your Slice?

To show you how much this course can help you, have a look at the diagram on the next page. It clearly shows you how much further a draw will carry the ball compared to a fade. These figures aren't made up - the statistics come from an old 1981 'Golf Digest' magazine, where the people at Golf Digest did an extensive test to show the difference between a fade and a draw.

The results were that "a controlled draw with a driver travels appreciably further than a fade." They got these results by setting up a driving machine to swing at 90 mph which is an average swing speed for a 5-10 handicapper. Then they set the driver at 1½ degrees closed to produce a draw and 1½ degrees open to produce a fade. The swing path and angle of attack were not changed for either shape of shot.

'Golf Digest' found that into a slight headwind, the drawn shots averaged 233 yards in carry and roll **but the fades only 216 yards!** Both balls finished an average of 18 yards left or right of center.

The lower-flying draws rolled further than the higher-soaring fades, 16 or 17 yards compared with less than nine for the fades - because the landing angle was less severe. But the draws also carried further, an average of 217 yards for the draw and less than 208 for the fade.



So from this information and the diagram above, you can clearly see that a draw goes a heck of a lot further than a fade does (*17 yards further*). And it doesn't take a genius to work out that a slice is going to travel even less distance than a fade shot.

From my experience of golfers who've changed from a fade/slice ball flight to a draw ball flight, this 17-yard increase in distance is conservative, very conservative and here's why:

The machine that did these tests obviously had no emotion attached in the change of ball flight, whereas you on the other hand, will have a great feeling of power and excitement when you start seeing the ball curve the other way.

This of course will dramatically improve your confidence and with more confidence your swing will be more positive through the ball. This newly found confidence may only result in an increase in swing speed of maybe 1-5 mph. But that would send the ball another 10 yards further easily and add to that the 17 yard increase from the draw and the result is an overall improvement in distance of 27 yards!

$$\begin{aligned} & \mathbf{17\ Yards\ Extra\ (From\ Your\ New\ Power\ Draw)} \\ + & \mathbf{10\ Yards\ Extra\ (From\ Your\ Improved\ Confidence)} \\ = & \mathbf{27\ Yards\ More\ Distance!} \end{aligned}$$

But before you get too excited about this extra length, you must realize that it's only going to happen if you put into action what I recommend you do. It's only going to happen if you forget about results for a bit and concentrate on what you should be doing to fix your slice for good.

Hitting a consistent draw is **NOT** hard or complicated. But of course, if you don't know how to do something or have never been shown, you will run into problems. But when you do change from a “slicer” to a golfer who consistently draws the ball, you'll get the following benefits...

- You'll be hitting the ball longer (remember over 17 yards longer), straighter and more consistently;
- You'll love the feeling you get when you see the ball drawing and travelling further than it's ever gone before;
- You'll feel like a better golfer because of your "professional" looking, power draw;
- You'll be able to show off to your playing partners with your increased distance on all long shots;
- Your shots will feel more solid and powerful and this will make a massive improvement to your enjoyment levels;
- You'll reach holes you've never been able to reach before, and as a result you'll find golf easier and more enjoyable;
- You'll be hitting at least two clubs less into holes, which has to make golf easier and more fun!

- You'll gain more enjoyment from playing golf because you'll be hitting the ball longer and more powerfully than you've ever done before.

The information I'll be sharing with you today was originally put together in response to finding that a lot of my customers were having slicing problems. I gave them this information and then I basically forgot about it until about 5 years ago when I was surfing the net and I saw a statement that said...

"85% of golfers slice the ball!"

I couldn't believe it - as I've already said, ***"hitting golf shots with a consistent draw is NOT difficult or hard to do"***.

So after stumbling across this statistic, I decided to create the best, most comprehensive ***"How To Fix Your Slice"*** program in the world. It took me 3 months to complete and test that program, but I did it.

This breakthrough program has now helped over 10,000 golfers in over 21 different countries to hit the golf ball longer and straighter.

So why am I telling you this?

Just so you understand that this booklet you purchased is simply a primer for the much bigger program as it goes into much, much more detail on the foundations and steps I'm giving you today. I'll send you more information about the more advanced program in the future.

But for now start to fix your slice by reading Day 1 and then put it into action...

Day 1

You will have heard the axiom "the setup largely dictates how you swing," so that's where we are going to start to fix your slice.

There are four major elements of the setup that must be combined perfectly if you ever want to consistently draw the ball.

1. The Grip

If you ever want to consistently draw the ball, you need to have a stronger rather than a weaker grip. The only time a golfer should have a weak grip is if their tendency is to hook the ball, and that's obviously not your problem, otherwise you're reading the wrong system!

2. Posture

Good posture is essential to hitting good solid shots, and good posture is very easy to practice and reproduce.

- Simply grip the club as you normally would and address the ball as normal.
- Stand up with your back straight and hold the club out in front of you so it's parallel to the ground.
- Now simply flex your knees slightly, just enough so they are not straight, then lower your arms and club without bending forward so the club is about 1 foot off the ground.
- Now bend forward from your hips until the club touches the ground. What you've just formed is a good athletic setup position, which will help your swing to flow freely.

This exercise is a good one to do in front of the mirror and can be practiced with any club. And remember, your posture needs to be as tall as possible, not hunched over the ball.

3. Alignment

It's CRITICAL that you line up to a shot in such a way to encourage a draw. The alignment needed to consistently draw a golf ball is to have every part of your body aligned to the right of the target (to the left if you're a left-hander). Most slicers feel that they need to aim more to the left to compensate for their slice, but this just makes it worse.

4. Ball Position

To help you draw the ball, you must have the ball positioned as far back as possible initially, so the ball starts out to the right of your target. When you can get every shot flying right to left, then you can move the ball position further forward.

To start with, the ball should not be positioned any further forward than the middle of your stance. Remember, what we're doing is exaggerating the opposite of what you have been doing so you'll change from a slicer to a golfer who can draw/hook the ball in the quickest possible time.

Following is a summary of the setup points we have just discussed combined into one setup.

Summary

If you want to change from a slicer to a golfer who hits a draw in the quickest possible time then you **must exaggerate the opposite of what you're currently doing**. So go out and practice hitting shots with the following setup points:

1. Use a strong grip
2. Have good posture

- 3.** Align all parts of your body well to the right of your target (i.e. feet, knees, hips and shoulders). You will probably need to exaggerate this the most because you would be used to having your body open to the target.
- 4.** Position the ball back in your stance.

Following are a couple of pictures to demonstrate the setup needed to hit a draw/hook:



When you setup to fix a slice make sure you have a strong grip, good posture, position the ball back in your stance and aim everything to the right of your final target.

From a setup similar to above, make sure you start the ball to the right of your final target. When you are practicing this setup, you must not try to manipulate your swing, because it will change naturally with the drills that you will be doing over the next few days.

And in case you're wondering, this setup position is not how you need to setup all the time! It's just a temporary measure to change you quickly from a slicer to a golfer who can draw/hook the ball consistently, and exaggerating is the key that allows you to do it in the quickest possible time.

Now before we start looking at reprogramming your swing, I would like to emphasise that there are two parts to the swing that you **MUST** master to consistently draw the ball:

- a) the path your clubhead travels on;
- b) and the clubface angle at impact.

Over the next 3 days I've got some drills that will help to train both of these elements into your swing. So make a start on retraining your swing by going to Day 2 now!

Day 2

Today's drill is great because it teaches you how to release your hands properly. It will also help you to feel the correct inside path that the golf club should make during the swing. This will make it easier for you to start the ball to the right of your target.

To do this drill is simple:

1. Stand as you would to hit a normal shot but with the club stretched out in front of you.



2. Now just make a normal backswing but on a horizontal plane.

3. Once you are loaded into the backswing, lead the forward swing with your left knee and hip until the completion of the follow-through, all the while letting your hands follow your body through. You should feel a lot of power doing this and almost all of it should be coming from your legs, hips and abdomen.

After doing this drill regularly you'll notice a better release through the ball when you go to swing normally. So keep doing this drill often and continue on with this system by going to Day 3.

Day 3

Today you've got another really simple drill. All you have to do is simply hit shots with your feet together. The reason you're doing this drill is to further teach you how to release your hands, because if you don't release your hands while your body is aligned to the right, your shots will go straight right or they may even start to the right and slice. Not really what we're aiming for...

To avoid this, you must retrain your golfing muscles to release the clubhead through the ball. The previous day's drill is great in helping you to start to learn this, but today's drill will help speed up the process even more. To do today's drill, simply place your feet together and do half swings.

When doing this drill, try to hook each shot by rolling your hands over excessively:



Remember, exaggeration will speed up the progress. And if you can't hit any balls today, simply do this drill at home without a ball. Let's now keep the momentum going by doing another easy drill on Day 4.

Day 4

Today's exercise is very simple as it only requires you to swing, but with one major difference. You must find a sloping lie where you can either swing from or hit practice balls from. The slope must be one where you stand below the ball:



Hitting balls from this slope will help you to groove a swing where the path of the clubhead comes naturally from the inside, and this will naturally produce a draw. If you can't hit balls from a sloping lie, simply find a hill with a slope and swing but without a ball. Simply imagine you're hitting a ball or better yet, use one of those plastic golf balls that only go 30 yards or so.

Now let's move onto putting all that you've learnt so far into a practice plan on Day 5!

Day 5

Today I've got for you a practice program that will help you to put all the information you've learned so far into a practice session:

Hour Long Practice Session

1. Hit 20 balls practicing your new setup (**see day 1**). Remember, the more you exaggerate this at the beginning, the quicker you'll change from a slicer to a golfer who can draw the ball. So here's a summary of the exaggerated setup you should have to start with:

- Strong grip;
- Good athletic posture;
- Align all parts of your body well to the right (left if you're a left hander) of your target (i.e. feet, knees, hips, and shoulders). You will probably need to exaggerate this the most because you would be used to having your body open to the target;
- Ball positioned back in your stance;
- Clubface aimed directly at your target. It should appear closed in relation to your setup

With this setup, make a conscious effort to start each shot to the right (left for lefties) of your final target. It's very important that you do this without concern of where the ball actually finishes in relation to your target. Forget about results and just concentrate on starting the ball to the right.

2. Do 10 horizontal plane swings (**see day 2**) then hit 10 balls.

3. Hit 10 balls with your feet together and only doing half-swings (**see day 3**).

4. Hit 10 balls off a slope where you are standing below the ball (**see day 4**). And if you can't hit balls from a slope simply swing on a slope.
5. Now to end the hour, hit balls simulating real course situations. Hit one shot with one club then change clubs for each shot. For each shot make sure you pick a target and then aim just slightly right of this. Try to start the ball to the right of the target no matter what.

Conclusion

To fix a slice you need to do four specific things...

1. Set up for a draw;
2. Swing automatically from the inside;
3. Contact the ball with a slightly closed clubface, and
4. Have equipment that encourages a draw.

When you do that you will fix your slice for good! In this book I've given you a good start to help fix your slice. Follow the instructions I've given you here and then look out for more information about the fully detailed **"How To Fix Your Slice"** program that took me 3 months to put together. The more advanced program has been helping thousands of golfers from all around the world to get amazing results like this....

"This program has given my straighter drives with my driver and I am hitting a lot more fairways. It has also given me great confidence off the tee with my driver and fairway woods. I no longer have to worry about missing fairways.

Before the program I used to slice my driver and fairway woods a lot and miss a bunch of fairways. I liked the detailed step by step instructions on the breakdown of the swing along with the wonderful drills"

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And I know it will do the same, if not better for you....so look out for it!