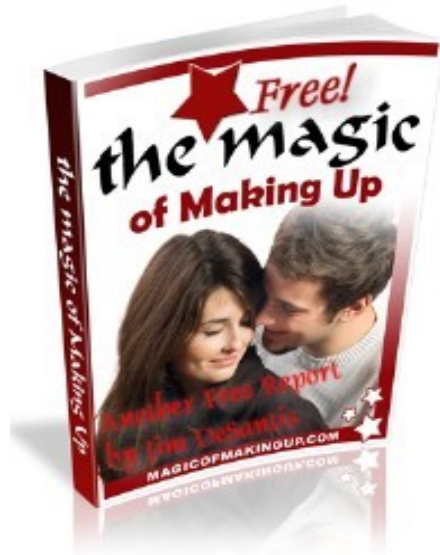


**This is another Free Special Report from Jim DeSantis, a retired TV News Editor and Pastoral Counselor! You are welcome to give it away to someone who may appreciate it. Be a friend! Give it away!**



If you really want to get your ex back, I know that this Special Report can help you accomplish just that. It contains highlights of the complete "Magic of Making Up" course that has helped hundreds of people get back together even when it seemed impossible.

These techniques are not the usual psycho-babble you commonly find on line. They were developed for real folks like you and are proven to work again and again.

Of course, we cannot guarantee you will get an ex back who truly has moved on, but, if the flame still burns, these tips will fan that flame into a bonfire of love between you and your ex love.

*Jim DeSantis*

## **How To Tell If Your Ex Really Wants You Back!**

**If your ex is showing you a little bit of interest, or seems more interested in going out and spending time with you than before, or if you notice signs that your ex is trying to flirt with you, then it's okay to be a little hopeful but you need to avoid jumping the gun.**

**These are definitely very common signs that your ex is interested in getting you back. But even if you want to get back with your ex, you should not simply jump into things.**

**The best way to play things is to play hard to get (in moderation), which is probably what your ex will best respond to anyway. If you simply jump into things full force, then you may find your ex pushing you back again. In fact, if your ex is giving indications that he or she wants you back, then the odds are, it was you playing hard to get that led to the renewed interest in the first place.**

**Usually when you break up with your ex, or, he or she breaks up with you, there is a natural level of missing one another, or longing to get back together. This is especially true following a relationship of a year or longer.**

**Your ex is probably going to miss you no matter what, because of how many memories were shared together during this period of time. But there are other emotions that come into play, including past regrets. If you are wondering "does my ex want to get back with me" the odds are that your ex may be thinking the same thing for the same reasons.**

**Sometimes, when an ex shows interest again following a break up, it may only be a game. They may see that you love them, and they may simply be trying to get attention, without actually intending to get you back. So, unless your ex really seems genuinely interested in spending time with you, they may just be passing the time because they have no other prospects on the horizon. And ,worst of all, they may see this as a way to get revenge for some perceived wrong. This is why it is important not to jump the gun, and why you should focus on evaluating the situation before you act on it.**

**This "get even" syndrome is fairly common. All the more reason to get a feel for the situation before you act.**

In reality, if your ex does want to get back with you, playing hard to get (in moderation) is the best scenario because it will prevent you from getting hurt if your ex is not really serious about getting back with you.



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## **A Confident Attitude Works Wonders!**

Although a breakup with a boyfriend or with a girlfriend can be really depressing, it does not need to mean that the relationship is over. Even if the breakup should suddenly leave you feeling confusion and loneliness, you may still feel really eager to heal the wounds and jump right back in to that relationship with your ex.

If you learn how to react following a break up, and you become aware of how not to strain the relationship even further, then getting ex back will be easier than ever.

It can seem hard to keep up a cheerful attitude throughout your day following a breakup, but it is believed by relationship experts that an optimistic and confident attitude can go a long way. Here are some of the ways that the right attitude will work wonders.

**Keep your confidence.**

Rather than going around feeling gloomy, try to find ways that you can keep yourself occupied and happy. Keep the depression out of your demeanor. Allow your ex boyfriend or girlfriend to know that you are strong and that you are more than capable of handling such an emotional situation, and also that you are capable of surviving on your own as well.

**Remain socially active.**

**Surround yourself with well wishers, positive attitudes and good friends. Show your ex that people appreciate you, and that they love having you around. As more people begin to feel good about your presence in their lives, your ex will begin to see you in a completely new light.**

**He or she will realize that yes, you are a good person that they simply cannot afford to let go of. This is one of the best ways to let your ex notice you in a new light.**

**Maintain a good appearance - Another solution to "How can I get my ex back?" is not to let your appearance reflect your situation. You need to pay attention to every detail of your looks, including your clothes, your make up, your hair, your stride, your shoes and even your voice.**

**It can be hard to act happy or to take care of yourself following a bad breakup, but this is one of the best ways that you can let your ex know that you are doing just fine, and do not need to beg for his or her sympathy. You are going to get back together like adults who are mature and responsible if you are going to get back together at all.**



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## **Going Slow Wins The Race!**

**If you are wondering how you can get back with your ex love, the first thing that you need to understand is that this is a very delicate situation. Your feelings may be hurt, and their feelings may also be hurt - And it is important that you are careful about how you handle the situation, otherwise feelings may be hurt even worse.**

**Here are some key points that you need to consider when it comes to figuring out how to get back with your ex love.**

**1 - First and foremost, what was it that you did in order to cause the break up? Breakups do not happen completely out of the blue, so there is probably a really good reason behind the action even if you are not immediately aware of what it is. The first step in this process has to be to figure out what went wrong, whether or not it could have been prevented, and how can you can fix it now that you know what it is.**

**2 - If the break up with your ex love was entirely your fault, then the first thing that you need to do to help rekindle things is to let your ex girlfriend know that you recognize what happened. Let them know that you recognize that it was your fault and that you are sorry for your actions and the unintended consequences.**

**3 - You should continue to socialize with other people, even though you are trying to court your ex again. Just because you and your ex are not in contact right now, that does not mean that you need to cut yourself off from the rest of the world.**

**You should date others, or at least go out and have some fun with your friends. It may even work to your advantage for you to cause some jealousy in your ex partner if you really do want to get them back.**

**4 - Show your ex that you have moved on, but you also need to show her that you still care about them. This is the most ideal way to eventually get her back.**

**By letting her know that you have not completely moved on, and that you still have feelings for them, will make you appear more mature and more desirable as well.**

**5 - Finally, it is important that you work hard to become friends with your ex love. Friendship will build trust and will help to bring you closer to one another than you have ever been.**

**At some point you should ask them why the relationship fell apart, but be casual about it rather than appearing desperate. They will either admit that it was a mistake that the two of you broke up, or will let you know that the break up was for the better at that moment in time. Once you have an answer, you can proceed from there.**



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## **How to Get Back Your Ex Love in Five Steps!**

**If you really want to learn how to get your ex love back, there are a number of steps that you can follow to have more success than if you just wing it and hope for the best. Breakups happen, but they do not necessarily have to be forever.**

**Here are five steps that will allow you to subtly let your ex love know that you're still interested in being a fixture in their life, so that you can potentially rekindle things in the right away.**

**1 - Start by reaching out and contacting them. But, do not be wimpy about it nor arrogant. Just reach out and let them know subtly that you are still interested in being a part of their life.**

**2 - Drop them an e-mail to keep in touch. If you do not find casual, easy going methods of communication with your ex, you will never be able to get them back. Staying in touch is absolutely vital, but keep it to casual messages like "Hey, what's up?" rather than overwhelming their Inbox with love poetry.**

**3 - Stay away from committing to another person you may be dating. Sure, your ex love may be understanding enough to let it slide if you begin to peruse other "prospects", but if you want to get your ex back, don't appear that you have found a new love.**

**4 - Remember the little and big things. Part of learning how to get your ex love back means treating them like they are the most special person on the planet.**

One of the easiest ways to do this is by remembering the most important anniversaries and dates in their life. Send a card on their birthday, and let them know you're thinking about them but in a harmless and positive way.

5 - Call and text, but use discretion when communicating. You should not be afraid to send your ex love a text message, or drop them a line here and there.

Uncertainty is something that should be avoided in life and love, so call your ex and let them know what's going on that they may be interested in knowing. This way they will know where you are and what you're doing and not have to imagine that you're out having fun without them with another love interest.

Let your ex know you care, and that you still think about them. If they know that they are still in your thoughts so frequently, it will contribute heavily to how quickly they will want to rekindle things with you.

There is no exact process or science to the process of learning how to get your ex love back, but there are some pretty clear cut methods that will steer you in the right direction. Obviously maintaining contact and communication is absolutely vital to the rekindling process, but do not over do it, otherwise you may scare your ex love away.



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## **Patience and Friendship Win The Prize!**

Many people yearn for the good old days and dream of rekindling a lost romance. Many are interested in giving a tumultuous relationship another chance. If this is you, follow the steps detailed below.

**1 - Keep in mind, first and foremost, that patience is a virtue. Do not rush anything, but rather start things off with simple comments whenever you encounter your ex. This can be as simple as waving or just saying hello.**

**When these encounters happen, you should maintain eye contact so that they know you are communicating with them and not with somebody else, but do not let it go much further than this.**

**2 - Try slowly implementing conversation again, making an attempt to talk to them when you can. Remember that you should keep your conversation brief, and rather basic in nature. Do not reveal too much, because mystery is actually quite appealing.**

**Also, if you run into your ex love at a party or a social gathering and your friends come into the room, you may consider stopping the conversation with your ex and focus your attention on your friends. This will let your ex know that, while the communication between the two of you is nice, they are not your highest priority right now. Don't be afraid to flirt a little bit here and there as well.**

**3 - Keep things fresh. Make sure that you look good, and smell good, and that you keep things changed up on a fairly regular basis in order to keep your ex interested in you. You should put some thought into your appearance because maintaining your good looks will show confidence and respect for your appearance and which is something that most people of the opposite sex find quite attractive.**

**4 - Don't be afraid to make a few honest compliments to your ex every so often. You are going to want to make sure that your ex feels good any time they are around you. Talk about the good times that you spent together, bringing up only good memories from the past. Help them to remember some of the best highlights from the former days of your relationship and enjoy the reminiscing while simultaneously working to get them back.**

**Try to become your ex's friend first and foremost. They will feel more comfortable with you and, if they want you back, they will eventually let you know. Be a true friend, open up to them, show them a nice time. If their feelings for you are rekindled, they will let you know.**

**Take things slowly and don't act too needy. Instead, just play it cool and let them come to you. If things are meant to be, they will be, and you will get your ex love back through the process.**





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## **Saying You're Sorry And Showing Your Sensitive Side!**

Well, there's no guarantee you'll get back together, but the odds tilt more and more in your favor when you do things right. Show your ex love how much you miss them, and how sorry you are. Then, pay attention to how they react. If saying you're sorry only make them angry or they throw away your small making up gift or something dramatic like that, change your tactics until you find that something that they respond positively to.

If flowers or cards frustrate her, for example, maybe that's because it's easy to pick up the phone and order flowers or buy a card someone else wrote. Try putting yourself in her shoes and try to figure out something more appealing. Buy a blank card and write your own verse in it. It doesn't have to rhyme, in fact it's better if it doesn't. Try to honestly express how you feel. Or pick flowers and present her with a bouquet you put together yourself.

A common complaint among women is that men aren't thoughtful. Were you thoughtful during the relationship? Now you might be wondering, how can you get your ex girlfriend back by being thoughtful? Well, every positive thing stacks up, making it easier and easier for her to come back to you. Don't expect things to happen right away, though.

As for an ex boyfriends, it will take some imagination. You really have to know your man and what will impress him and surprise him. For example, I love powder coated cream puffs. Give me a half dozen as a make up gift and my heart would melt on the spot! Something that only you and he know about would make an excellent ice melter!

**If you spent your former relationship rarely doing thoughtful things, or you only did them in the beginning, your ex will probably doubt the things you do now. Just be patient, and keep up your efforts. Don't appear frustrated or angry. Do the thoughtful things because it feels good to make them happy, not because you're working toward a goal.**



### **Can I get my ex girlfriend back by dating other women?**

**If it's been a long time since the breakup, and you're still working on being thoughtful, a casual date seems harmless and may make her wish she was your date, but go too far and it could backfire.**

### **Can I get my ex girlfriend back if she has a boyfriend?**

**The odds are against it, but if you can show her that she'll be happier with you than the new boyfriend you'll have a good chance. Being thoughtful will go a long way toward showing her that. Even if it seems hopeless, don't give up.**

**If it appears she's moved on, still send her a card you wrote just wishing her a great week. But don't look as if you have any expectations. Your thoughtfulness might really impress her.**

### **Can I get my ex boyfriend back if he has a girlfriend?**

**This is probably the hardest situation to overcome. Not only is it difficult to be alone with him if he has someone else, he's focused on the new relationship. You're part of the past, and not a priority. Being nice right now is crucial. You have to make him see how wonderful you are and how much he's missing.**



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## **Be Nice As Nice Can Be!**

**Every relationship is different, so every break up is different. But there are some things you can do to help get him back.**

**Be nice as nice can be.**

**That might go without saying, but some people think nagging is the best way to get what they want. It's not. If you nag, complain or act unpleasant, you're just reminding your ex of things they want to get away from.**

**If you make things uncomfortable every time your ex sees you, they will only want to see you less and less.**

**The last thing you want to do is drive them farther away. Be as pleasant as you can whenever you're around them.**

**If you're wondering, can I get my ex boy friend back by pretending to be this way or that way? Then you have to wonder why you want to be back with them in the first place. You might be better off finding someone who doesn't make you need to pretend.**

**If you can be honestly pleasant, then whatever problems you had before the breakup will not seem nearly as important now. You might find yourself wondering why you weren't more pleasant when you were together.**

**You can't change the past, but do remember the past when you're back together. Point it out to them, and let them know that you did take them for granted. They probably took you for granted too, but don't expect your ex to admit it right now.**

Be careful what you try. Some things could either be disastrous or they could work in your favor.

## **Can I Get My Ex Love Back By Trickery?**

No matter what kind of deception you're thinking of, even if it doesn't seem harmful—forget it, now! Even the most innocent-seeming lie or exaggeration could backfire later. What's the point of figuring out how to get your ex love back only to lose them a little while later because they find out about your dishonesty?

## **Can I get my ex back by making them jealous?**

It's possible, but it could also backfire and make your ex think you've moved on. If you really feel the need to date, then do so, if you need that to be happy. But, if you're considering going out with someone just to make your ex jealous, that's not really fair to your date, or you.

Games like this usually don't work. Be honest with yourself and others, and you stand a better chance of getting back together with your ex.



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## **You Have A 90% Chance Of Success!**

Nearly every teen and adult on the planet has experienced some kind of a break up, and most just move on rather than looking for a way to get an ex back. But, if you are done playing the victim and want to put some work into getting your ex back, then there are options for you. Everyone deals with breakup in their own way, but a break up does not mean that you cannot get back together with your ex.

**The fact is, 90 percent of the time there is no reason why you cannot get an ex back after a break up, providing that you know what steps are necessary to win your ex back.**

**A vital step is to determine what exactly happened that caused the break up. Even though you cannot go back into the past, and you cannot change what happened, you can learn from the mistakes that were made and you can try to learn and grow from the experiences.**

**The break up may have occurred because of a single event, or it may have occurred from behaviors that your ex could not deal with anymore. No matter what the reason was that led to the breakup, you need to get the specifics figured out so that you can deal with the situation if it should never come up again.**

**You can get an ex back when you know how, but if you want to make it work on a long term basis, you need to figure out what went wrong in the first place.**

**The next step in the process is to ensure that you are not coming off as a needy person. Everyone will feel like they cannot live without their ex, but there is no point in making this obvious. Instead, you should stay strong, and let your ex see that you are doing just fine by yourself. If you let everyone around you see your comfort and self confidence, then you will have a better chance of getting back together with your ex.**

**Trying to get even with your ex, or trying to make your ex jealous is not a good way to operate. In fact, these are some of the worst things that you can possibly do because it will show your ex that he or she was right to move on.**

**While you do want your ex to see that you're doing fine without them, you do not want to inspire him or her to completely move on if your ideal scenario is to get back together. Let your ex see how strong and self confident you are, and they will feel inspired to get back together with you.**

## **How To Get My Ex back If He or She Wants More Space!**

**Almost everyone has experienced a powerful relationship in their life that suddenly, when everything seemed to be going perfectly, is broken off because their lover “needed more space.”**

**There are a number of different reasons for why they may suddenly need space, including family problems, insecurities, or a fear of commitment just to name a few.**

**Here are some tips for answering the age old question: "How do I get my ex back if they say they need more space?"**

**- You are not going to want to lose your pride, or to allow them to get the best of you – even though you are still in love. It may be ideal to play a little bit hard to get at first, in order to show them that, Yes, it was their loss and not yours.**

**- If you are feeling like your ex love still has feelings for you, then it may be ideal for you to strike up a conversation with them. Keep communication to a minimum in order to keep the level of emotion to a minimum.**

**Short text messages, brief phone calls and on line conversations in passing are all a great way to remind them how much they should be a part of your life without overwhelming them with your presence when they may actually want and need space.**

**- Eventually they will begin to show significant interest in you again if all goes well, and this will give you the chance to truly begin to reminisce with them.**

**Keep in mind that you should focus primarily on all of the good memories associated with your relationship in the past.**

**While rekindling a relationship with your ex love, you are going to want to stay away from the bad experiences and negative experiences in case they conjure bad feelings and undo your hard work.**

**- If your ex love is not responding to your slow and subtle advances, you need to take it for what it is. Either they really are not interested in you right now, or they really do just need space and you should give it to them. If, on the other hand, they seem to be interested in you more than before, or are slowly warming up to you again, then you should continue gradually courting them to rekindle the relationship.**

**- If your ex love is giving you the right signals, you can try to open your heart up to them a little. Let your ex love know how you feel, but avoid looking desperate or needy in the process.**

- If your ex is showing you that they are thinking about rekindling things, then it would be healthy to be open with them. But, if their signals are pointing in the other direction, it may be wiser to step back and let things happen more naturally.



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## **Looking In The Mirror!**

Sacrifice and compromise are both critical parts in the give and take that go hand in hand with any relationship.

Nothing is going to make mending a broken relationship simple, but some of the following advice can certainly make it a lot less difficult overall to give you ex love a reason to want to come back to you.

What you need to be focusing on is rectifying the causes that led to the breakup to eliminate the tension and stress that brought the split on in the first place.

When a relationship fails, you need to take that as an indication that something went wrong. If your ex love was the one who left you, then it was likely for one of two reasons: Either the relationship was becoming stale because there was not enough of you in it, or the relationship was getting too claustrophobic because there was too much of you in it.

Either way, one of these causes is going to lead to relationship suicide. If you really want your ex love back, you need to start looking at which of these led to the break up so you can act accordingly.

Whatever the issue is that chiefly contributed to the split, it was probably either something that you did, or something that you didn't do. It may be harsh to look at things this way, but that is simply how it usually works.

**The person who was broken up with either did, or did not do something and the person doing the splitting simply felt driven away or lost hope of any future for the relationship.**

**So, now what happens, and how can you manage to get your ex to come back?**

**The first step is to change whatever it was that drove your ex away in the first place.**

**You need to sit down and really take a hard look at your situation. What could have led to the breakup? Which of those things were your fault, and which were not your fault?**

**Rule out the ones that were out of your control, since they continue to be out of your control, and focus on the things that you did do wrong, the ones that you can, in fact, change. If your biggest problem is something that you were responsible for and that you could change, then there is a very good chance that you can still get back together, as long as you really are willing to make the necessary changes to appeal to your ex again.**

**When you can start focusing on the things you can change then you no longer have to ask the question: "How can I get back with my ex?" because you will know the answer.**

## **Take An Emotional Vacation!**

**Most people find themselves asking "What can I do to get my ex girlfriend back" following a breakup.**

**They begin to start thinking and philosophizing about everything that could have been done differently. They even begin to make plans about apology letters and other things that might be able to help them score their relationship back.**

**This tends to be a dead end for one reason above all else: Because you can never really tell what the real reasons were behind a breakup.**

**Breakups are based upon emotions and sometimes we do not even know what led to the break up at hand and may not know what is making us feel the way we are feeling. In many circumstances it is only harmful to lose all your energy trying to figure out the emotional reasons for what went wrong.**



**The first main strategy to answer the question: "What can I do to get my ex back?" is to forget about the relationship for a while, putting your energy into something else. Go out, make friends, have fun, network, and forget about the opposite sex in general. Set some realistic goals about expanding your repertoire when it comes to meeting new people.**

**Give yourself a couple of months and make changes in your life. Take some time away from your ex and it will work wonders.**

**The effect that strategies like this will have, is that it will allow you to make gradual changes in your life and in how you perceive the subject of relationships. After a few months, you may have a much better idea of how, or even if, you want to proceed with your ex.**

**You'll know if you still want to get back together with your ex or are ready to move on. Then, act accordingly. If you still want to get back together with your ex, it might be time to figure out how she is feeling about you.**

**Now is your chance to be a little more direct when it comes to getting your ex love back. You need to play strategically, however. Do not simply beg them to get back with you, because this is not a good time to be emotional.**

**Instead, what you should be doing is playing things cool with your ex. If you have spent enough time apart from them they are probably missing you just as badly. Play hard to get a little (don't over do it) and show (don't tell) them that you are doing fine without them. This will inspire her to really rethink things.**

**And if getting back together with your ex really is meant to be, now is the time when it will become apparent. Be careful not to analyze things too much, because over analyzing may prevent you from acting the right way when trying to figure out your next steps. Just take things slow and play them cool and you should be fine.**



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## **Be The Lover With A Plan!**

**Some break ups are necessary, while others can be undone. Here are more tips.....**

**1 - First and foremost, you need to have a clear head if you want your ex back. People can always tell if you have too much going on in your mind, and if you have a lot on your mind regarding the break up, your ex will know. You need to stop thinking about how badly you want him or her back, stop stressing about the future of your relationship, and simply clear your head. It will improve your communication with your ex, which will improve the chances of getting back with your ex.**

**2 - If you want your ex back, you need to avoid being a sell out. I know you want to do everything humanly possible to get your ex back, but don't drop to your knees begging and apologizing simply because you want him or her back so badly. Instead, you need to be strong, calm down, and focus on doing fine without him or her to get their attention again.**

**3 - To get your ex back, create a Wow! factor. The same old you is not going to do much when it comes to getting back with your ex. The old you contributed to the end of the relationship, so it is time to create a Wow! factor.**

**Do a little bit to change your life, like working out more, or getting a better job. Do something to create a better image of who you are, and you ex will surely notice and respond well to the positive changes.**

**4 - To get your ex back, do not forget. You should not allow your past to haunt you, but you should not forget about what led to the break up either. Take what happened in the past and turn these events into a learning experience. This is the best way to make sure that you do not make the same mistakes in the future, should you get back together with your ex sometime in the future.**

**5 - Create a plan, finally! You cannot just emotionally go all out, hoping for good results. Put a logical plan together instead, thinking logically and operating accordingly. If you put some thought into the process you will be a lot more successful at scoring your ex back. Walk into the situation with a plan and you will be able to get your ex back in no time at all.**



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## **How To Get A Second Chance!**

**Sometimes when a relationship comes to an abrupt end, either one or both parties involved may still be in doubt that the end is really the end, and this is especially true when a relationship is new. Some men simply cannot accept the fact that their girlfriend walked away.**

**They find themselves still hoping she'll still be there in the morning and that the breakup was all a dream. Dreams will not get you ex love back, action will. It is important that you create a plan regarding how to do it.**

**In order to get back together with your ex, there are numerous other steps to take. Here are some of the tips that you should keep in mind when working through this process.**

**1) There is always a second chance for everyone, so it's not impossible for you to get back together with your ex. But first, you should ask yourself some questions:**

**Do you still love her?**

**Do you really want her back? Why?**

**Are you trying to get her back because you don't want to be alone, or you don't believe you should have been dumped?**

**If you are looking to get back with your ex for reasons other than love, you may be playing a dangerous game that would be better off avoided.**

**2) Do not appear desperate or needy.**

**Although you may feel desperate, and you may really want her back, you absolutely need to control your emotions, keeping them to yourself.**

**If you cannot help them, then it may be wise to talk to your friends or family so you can cry your heart out where she cannot see. Do not beg or cry in front of your girlfriend, however, and absolutely do not stalk her.**

**3) Learn how to control your feelings.**

**Forget about self pity and instead work on the positive aspects of working things through with your ex. If you appear too needy, or if you come off as too desperate, your ex may end up avoiding you even more.**

**4) Keep the communication lines with your ex open.**

**They may have ended the relationship, but you just need to make your ex feel like communication lines are open and that you want to be civil.**

**You do not have to be the one initiating the conversation, but you should be willing to say hello and have a conversation occasionally with your ex, keeping in touch casually.**

**5) Above all else, analyze what went wrong with the relationship. There must have been a problem that led to the end of the relationship, so find out what the problem was if you want to get back together with your ex.**

**Find out what caused the arguments, which of their needs weren't being met and work on rectifying those issues.**

## **How to Get Back Together with Your Ex in 3 Steps!**

**You can find yourself falling into an emotionally depressed state, and you may find yourself wondering what to do. You may immediately feel like calling your ex and begging him or her to come back to you. But this is not really going to work in your favor. Rather than make things better, what it is probably going to do is make your situation much worse, chasing your ex away even further.**

**What you should actually do at this point is the opposite of what you are feeling.**

**Do you feel like calling your ex? Don't!**

**Do you feel like staying inside and crying all day long? Don't!**

**Instead, follow these three basic steps:**

## **1 - Accept the Break Up!**

**First and foremost, you need to accept that the break up has happened. Tell your ex that you are okay with it, and allow the "moving on" process to begin.**

**When you do this, it will eliminate a large amount of the tension and stress that is being experienced by all. Your ex will need time to think about the relationship and this will give you time as well to consider your options. If your ex realizes that he or she still loves you, they will find a way to get back in touch with you.**

## **2 - Do not contact your ex!**

**Do not make an effort to contact your ex right now.**

**You should cut communication off with him or her so that there can be some "thinking time". This may seem counterintuitive but, by cutting communication off, you are signaling that you have already moved on and that you are doing just fine.**

**This will allow him or her to think about the relationship and how they feel about its value. It will also allow them to have some time to miss you again. When you can separate yourself from your ex and can calm your nerves, that may be the best time to let them realize how important you were to them.**

## **3 - Plan Ahead for the Get Together**

**Once you have completed the two steps mentioned just above, you can start working on planning on when you should meet, where you should meet, and also what should be said when you do meet up again. This will allow you to get a better idea of whether or not your ex still loves you, and also if there is any chance that you and your ex will be able to get back together.**



## **How to Get Your Ex Back When It Seems They Have Moved On!**

**Don't bother moping, because what you have lost does not mean you have lost it forever. Here are some quick and simple tips for learning how to get your ex back even if they have moved on to another mate and no longer appear to be interested in you.**

**1 - The first step to getting back the love of your life is finding a way to convince them that they still want you. Unless they really, really do not want anything to do with you, then there are a number of options that you can employ from this point on.**

**2 - One of the most advantageous things that you can do is simply be a friend. Be a really good friend to them, showing them that you understand them and that you can be around them without creating any drama.**

**Show them that you can joke around and have a healthy friendship without strings attached. When the drama and stress of the breakup have subsided, your ex may realize that they want you again.**

**3 - When you communicate with your ex, be sweet and kind but don't be afraid to have a little bit of attitude. You are going to want them to want you, but you're also going to want to give your ex the feeling that they cannot have you just yet. While playing games is not the best way to go, you do want give an air of hard to get, making your ex more interested in the process.**

**4 - While you are playing a little bit hard to get, you also want to make sure that your ex knows you are available. You shouldn't completely rule out the concept of flirting and hanging out with friends because drumming up a little bit of competition never hurt anyone. At the same time, it is important that you play it on the conservative side. If your ex doesn't think you are available, they probably will not find the motivation to pursue you.**

**5 - Avoid acting desperate at all costs. If you act desperate, your ex will likely be put off by you. You are going to want to play things cool, letting them know that you are okay with everything that has happened, and that you are willing to move on. If you act desperate, things won't work out the way you are intending them to, so avoid doing this at all costs.**

**6 - Any time that you know your ex is looking at you, or if you feel like they are looking at you, return the attention with a glance out of the corner of your eye. This sidelong glance will let them know that you are paying attention to them, but in a mysterious "you can't have me" kind of way.**

**7 - In conversation, casually remind your ex of some of the best times that you had together. These good memories will help them to remember how good the two of you used to be together. Don't bring up any bad memories for obvious reasons. Let the past be buried!**



***"Order and download [The Magic of Making Up here!](#)  
If you are not back together with your ex within 60 days...  
or you are not absolutely delighted for any reason...  
You will receive a prompt and courteous refund."***

## **Be Cool And In Command!**

**Though it may seem counterintuitive, when rekindling the relationship is what you seek, you need to begin by cutting off communication for a while. This is going to be tough, and it may even feel as if it is killing you, but it will be killing your ex even more.**

**After a little bit of time your ex will begin to realize how much they really need you, and how much they desperately miss you. Cutting off communication is one of the biggest and most vital steps in rekindling things with your ex.**

- Allow yourself to recover emotionally. You need to take the time to become emotionally controlled and calmed down. Being desperate, clingy or needy is a major turn off so pull your life together and get over those feelings long before you consider trying to draw your ex back in to your life.**
- Flirt with someone new. This is another step that may seem counterintuitive in nature, but it is extremely useful if you are trying to learn how to get her back.**

- Start talking to someone of the opposite sex because it will be too much for your ex to bear. Not only will this benefit you because it will take some of your stress away, but it will also let your ex know that you are moving on, which will make them jealous and cause them to realize how much they really want to be with you.
- Behave as if nothing is bothering you. In other words, you need to play it cool. Your ex is not going to want to take you back if you are feeling and behaving depressed. You need to make sure that you are behaving as if you are having a good time, overcoming the break up depression to let your ex know that everything is okay.
- Always look your best. Make sure that you are dressed to kill and look your best all the time. Your ex may not be able to resist you. Appearance can play a large role in showing your ex that you're moving on and look great. If you look great and take the time to look your best, your ex will notice, and will respond positively.



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## **Play The Right Games!**

When you break up with someone you love, you go through lots of painful emotions. You feel sad, depressed and hurt, and you miss them. "What should I do to get my ex back?" becomes a question you constantly ask yourself. And, simple common sense methods are the answer.

Don't play stupid games, play the right games. This is very important. Unfortunately many people resort to "stupid games" during breakups because it gives them a sense of power. If you can make the other person think that you don't care, or you care more than you honestly do, you're manipulating them and that can feel great but it won't feel great for long.



**Eventually you'll realize that lying and tricking the other person isn't a good feeling. And, anything good that happens because of it will always be sullied a little because of the lie.**

**Some people play games where they pretend to be dating someone else, or they pretend to be in love with someone else. This is a ploy to make the ex jealous. While it does work now and then, other times it makes the breakup permanent because it backfires. These are stupid games.**

**Your ex could be so jealous at the thought of you being with someone else that they want you back. Or they could decide that since you moved on so quickly, you don't really care about them anyway. You have no way of knowing which way this ploy will work until it's too late.**

**What is the right game? Honesty is always the right game. If you cannot be honest as you relate to your ex, do them and you a favor and move on!**

**Don't be mean spirited. This holds true in any situation or any relationship but sometimes the anger around a breakup makes us act more viciously than we normally might.**

**Now, think about how you've been acting. If you were your ex, would you look forward to spending time with you or talking to you? Or would you dread each time? Do you shout and nag? Even if you feel like raising all kinds of arguments, simply don't. Work very hard at controlling your anger and hurt, and being a person they might want to be with.**

**Be on your best behavior and make your ex remember what drew them to you in the first place. They'll remember your good points and will miss them. Then you'll have a better chance of being able to get back together with your ex.**

## **5 Ways to Remind Your Ex Of Who You Really Are!**

**Relationships are fragile bonds that need to be built up and maintained in order to keep them healthy and allow them to flourish. Unfortunately, break ups do happen, and they are nerve wracking, stressful and frustrating.**

**If you are involved in a relationship that breaks up, you may be thinking that you want to get back your ex immediately but this is not the best step to take.**

**One of the most influential ways that you can actually get back at your ex will not only put your ex in an interesting predicament, but it may also repair the relationship by showing your ex how important you were and still are to them. Here's how to pull it off.**

**1 - Be strong.**

**No one desires a needy mate and this applies very well when it comes to broken relationships. You need to stop begging, clinging or exhibiting the behavior of someone who is feeling desperate. Let your ex think that you have moved on just fine without them by acting strong and actually taking steps towards moving on. When you've begun to move on, your ex will realize that they have not and may fear losing you forever.**

**2 - Minimize communication. Closing the doors of communication may appear counterintuitive when your primary focus is to rekindle things, but it is one of the most important steps when getting back at your ex or getting your ex back.**

**Take a break from your ex, close off communication, and let him or her stew for a little while without any contact. This will allow your ex to clear his or her mind and realize how valuable your relationship was.**

**3 - Be flexible. Do not be forceful or demanding with your ex. Be a listener and a sympathizer. Your ex will be surprised when they see this side of you, and it may inspire them to build the lines of communication that were lacking when the breakup came into play.**

**4 - Get out and about! This is no time for you to be alone. Call your friends and get out of the house. Develop a social network and enjoy some entertainment in your life. This may not mean you need to date, or even pay attention to the opposite sex, but you do need to be getting out and enjoying your time with your friends. Not only will this be therapeutic for you, but it will also help convince your ex that they lost a gem.**

**5 - Simply be the person they fell in love with. There was a really good reason for why you and your ex had a relationship to begin with, so go back to being that person and let your ex remember why they loved you in the first place.**



## **[Check Out The Magic of Making of Making Up – Here!](#)**

Remember: *"If you are not back together with your ex within 60 days... or you are not absolutely delighted for any reason..You will receive a prompt and courteous refund!"*

This free ebook was created by Jim DeSantis, a retired TV News Editor and Pastoral Counselor. We hope you will use the contents for your benefit or will give it away to someone who is struggling with a breakup.

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*Jim DeSantis*